

Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL
 Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Copy of 2024 Mozzarella Cheese Sticks HS - ServingDate: 04/02/2024								
2019 Hot Alternate High School - LR100214 (1 ea.)	20	176.98	7.79	2.85	0.00	274.08	13.31	10.61
Cycle menu cold alternate - LR100183 (1 serv.)	75	464.94	19.76	6.13	0.00(M)	1012.66	46.38	23.30
Mozzarella cheese sticks - LR100145 (2 pc)	350	307.22	11.25	5.00	0.00	653.31	30.95	18.49
Protein pack /hummus - LR100253 (1 ea.)	5	478.39	19.94	7.99	0.00	677.53	62.75	15.97
Bread, Whole Wheat Cluster Dinner Roll, Morabito, 60 / 116, WGR - SR100358 (1 ea.)	450	70.00	1.00	0.00	0.00	160.00	14.00	3.00
Green Beans, VO - LR100018 (1 c.)	300	65.45	1.31	0.71	0.00(M)	69.47	12.93	3.01
Sauce, Fully Prepared Pizza Sauce, 106 oz., Red Gold, IL99 - SR108025 (1/4 c.)	375	35.00	0.50	0.00	0.00	210.00	6.00	1.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	450	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Peaches, clingstone, canned, diced, packed in extra light syrup [100220, A409] - SR105220 (1/2 c.)	450	53.00	0.13	0.00	0.00	6.00	13.39	0.50
Swiss Dairy Milk - LR100273 (8 oz.)	450	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	75	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024 Chicken breast HS - ServingDate: 04/03/2024								
2019 Hot Alternate High School - LR100214 (1 ea.)	60	176.98	7.79	2.85	0.00	274.08	13.31	10.61
chicken patty sandwich - LR100028 (1 ea.)	300	330.00	11.00	2.00	0.00	600.00	39.00	20.00

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2024 Chicken breast HS - ServingDate: 04/03/2024								
Cycle menu cold alternate - LR100183 (1 serv.)	25	464.94	19.76	6.13	0.00(M)	1012.66	46.38	23.30
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	10.04 (M)	0.00(M)	1132.50 (M)	126.00 (M)	22.09 (M)
Bread, Whole Wheat Cluster Dinner Roll, Morabito, 60 / 116, WGR - SR100358 (1 ea.)	390	70.00	1.00	0.00	0.00	160.00	14.00	3.00
Baked Beans WYASD - LR100107 (1 c.)	300	332.31	0.96	0.17	0.00(M)	710.27	75.89	10.72
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	390	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Pears, Diced, Extra Light Syrup, Canned, USDA Foods, 100225, F - SR109120 (1/2 c.)	300	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	390	130.00	2.50	1.50	0.00	175.00	18.50	7.50
BBQ sauce, Condiment - SR105407 (2 Tbsp.)	285	32.95	0.08	0.00	0.00(M)	286.62	8.46	0.09
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	390	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024 Pot pie - ServingDate: 04/04/2024								
2019 Hot Alternate High School - LR100214 (1 ea.)	25	176.98	7.79	2.85	0.00	274.08	13.31	10.61
Boiled Chicken Pot Pie - LR100118 (1 c.)	300	172.11	4.55	1.29	0.00(M)	758.59	4.66	28.94
Cycle menu cold alternate - LR100183 (1 serv.)	10	464.94	19.76	6.13	0.00(M)	1012.66	46.38	23.30
Protein pack /hummus - LR100253 (1 ea.)	5	478.39	19.94	7.99	0.00	677.53	62.75	15.97
Dutch Waffle Funnel Cake - LR100285 (1 ea.)	350	330.00	19.00	3.00	0.00	330.00	38.00	4.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024 Pot pie - ServingDate: 04/04/2024								
Carrots, cooked, boiled, drained, without salt - SR106357 (1 c.)	200	54.60	0.28	0.05	0.00	90.48	12.82	1.19
Applesauce - LR100181 (4 1/2 oz.)	350	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	350	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	350	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	35	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024 Pizza - ServingDate: 04/05/2024								
2019 Hot Alternate High School - LR100214 (1 ea.)	10	176.98	7.79	2.85	0.00	274.08	13.31	10.61
Cycle menu cold alternate - LR100183 (1 serv.)	15	464.94	19.76	6.13	0.00(M)	1012.66	46.38	23.30
Pizza, Big Daddys16" original - LR100244 (5 1/2 oz.)	405	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	10.04 (M)	0.00(M)	1132.50 (M)	126.00 (M)	22.09 (M)
Bread, Whole Wheat Cluster Dinner Roll, Morabito, 60 / 116, WGR - SR100358 (1 ea.)	430	70.00	1.00	0.00	0.00	160.00	14.00	3.00
Cooked Broccoli - SR105146 (1 c.)	430	51.52	0.22	0.03	0.00	20.24	9.84	5.70
Applesauce - LR100181 (4 1/2 oz.)	430	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	430	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	430	130.00	2.50	1.50	0.00	175.00	18.50	7.50

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024 Pizza - ServingDate: 04/05/2024								
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	330	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024 Cheeseburger HS - ServingDate: 04/09/2024								
2019 Hot Alternate High School - LR100214 (1 ea.)	75	176.98	7.79	2.85	0.00	274.08	13.31	10.61
Cheese Burger beef MMA 2 , WG 2 WYASD - LR100046 (1 burger)	275	392.92	16.15	6.39	0.00	526.31	27.24	30.44
Cycle menu cold alternate - LR100183 (1 serv.)	20	464.94	19.76	6.13	0.00(M)	1012.66	46.38	23.30
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	10.04 (M)	0.00(M)	1132.50 (M)	126.00 (M)	22.09 (M)
Carrots, cooked, boiled, drained, without salt - SR106357 (1 c.)	300	54.60	0.28	0.05	0.00	90.48	12.82	1.19
Potatoes, Sweet Potatoes, Crinkle Cut Fries, Frozen, USDA, 110721, Veg-RO - SR109872 (1/2 c.)	250	150.00	8.00	2.00	0.00	125.00	19.00	1.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4)	375	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Pears, Bartlett, canned, diced, packed in extra light syrup [100225, A434] - SR105229 (1/2 c.)	375	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	400	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	350	6.06	0.01	0.00	0.00	94.75	1.64	0.21

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Copy of 2023-24 Ham and Cheese Sandwich - ServingDate: 04/10/2024								
2019 Hot Alternate High School - LR100214 (1 ea.)	78	176.98	7.79	2.85	0.00	274.08	13.31	10.61
Cycle menu cold alternate - LR100183 (1 serv.)	25	464.94	19.76	6.13	0.00(M)	1012.66	46.38	23.30
Ham and Cheese on Pretzel Roll - LR100195 (1 sandwich)	268	342.01	11.91	5.27	0.00	948.96	36.29	20.25
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	10.04 (M)	0.00(M)	1132.50 (M)	126.00 (M)	22.09 (M)
Baked Beans WYASD - LR100107 (1 c.)	250	332.31	0.96	0.17	0.00(M)	710.27	75.89	10.72
Applesauce - LR100181 (4 1/2 oz.)	375	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	375	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Rutters Milk - LR100220 (8 fl. oz.)	380	126.67	1.67	1.00	0.00	120.00	21.00	8.00
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	375	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2023-24 High School Pizza Week 3 - ServingDate: 04/11/2024								
2019 Hot Alternate High School - LR100214 (1 ea.)	70	176.98	7.79	2.85	0.00	274.08	13.31	10.61
Cycle menu cold alternate - LR100183 (1 serv.)	40	464.94	19.76	6.13	0.00(M)	1012.66	46.38	23.30
Pizza, Big Daddys16" original - LR100244 (5 1/2 oz.)	260	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	10.04 (M)	0.00(M)	1132.50 (M)	126.00 (M)	22.09 (M)
Cooked Broccoli - SR105146 (1 c.)	335	51.52	0.22	0.03	0.00	20.24	9.84	5.70
Applesauce - LR100181 (4 1/2 oz.)	375	60.00	0.00	0.00	0.00	10.00	15.00	0.00

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2023-24 High School Pizza Week 3 - ServingDate: 04/11/2024								
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	375	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	420	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	330	6.06	0.01	0.00	0.00	94.75	1.64	0.21
HS 2024 Walking taco - ServingDate: 04/12/2024								
2019 Hot Alternate High School - LR100214 (1 ea.)	135	176.98	7.79	2.85	0.00	274.08	13.31	10.61
Beef Soft Taco WYASD - LR100077 (1 piece)	200	387.44	18.82	9.33	0.00	855.31	33.51	21.19
Cycle menu cold alternate - LR100183 (1 serv.)	35	464.94	19.76	6.13	0.00(M)	1012.66	46.38	23.30
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	10.04 (M)	0.00(M)	1132.50 (M)	126.00 (M)	22.09 (M)
Corn Muffin Bake Crafters 2.2 oz ready to serve - LR100059 (1 muffin)	250	180.00	4.50	0.50	0.00	310.00	31.00	4.00
Black Beans and Corn Mix - LR100038 (1 c.)	300	192.85	4.33	1.75	0.00(M)	278.19	33.22	8.04
Salsa, 103 oz., Red Gold, REDSC99, Veg-RO - SR100611 (1/8 c.)	300	10.00	0.00	0.00	0.00	70.00	2.00	0.00
Shredded Lettuce and Tomato, Veg-O - SR105405 (1 c.)	375	26.08	0.28	0.04	0.00	9.19	5.62	1.34
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	375	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Peaches, clingstone, canned, diced, packed in extra light syrup [100220, A409] - SR105220 (1/2 c.)	375	53.00	0.13	0.00	0.00	6.00	13.39	0.50

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
HS 2024 Walking taco - ServingDate: 04/12/2024								
Swiss Dairy Milk - LR100273 (8 oz.)	375	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	100	6.06	0.01	0.00	0.00	94.75	1.64	0.21
Condiment, Sour Cream, Glennview Farms - SR100954 (2 Tbsp.)	150	60.00	5.00	3.50	(M)	20.00	2.00	1.00
2024 Chicken breast week 1 - ServingDate: 04/15/2024								
2019 Hot Alternate High School - LR100214 (1 ea.)	50	176.98	7.79	2.85	0.00	274.08	13.31	10.61
chicken patty sandwich - LR100028 (1 ea.)	295	330.00	11.00	2.00	0.00	600.00	39.00	20.00
Cycle menu cold alternate - LR100183 (1 serv.)	30	464.94	19.76	6.13	0.00(M)	1012.66	46.38	23.30
Protein pack meal - LR100252 (1 ea.)	20	881.00 (M)	32.58 (M)	10.04 (M)	0.00(M)	1132.50 (M)	126.00 (M)	22.09 (M)
Steamed Mixed Vegetables, VO - LR100001 (1 c.)	150	138.62	0.77	0.49	0.00(M)	104.33	27.24	6.81
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	395	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Peaches, clingstone, canned, diced, packed in extra light syrup [100220, A409] - SR105220 (1/2 c.)	300	53.00	0.13	0.00	0.00	6.00	13.39	0.50
Swiss Dairy Milk - LR100273 (8 oz.)	350	130.00	2.50	1.50	0.00	175.00	18.50	7.50
BBQ sauce, Condiment - SR105407 (2 Tbsp.)	300	32.95	0.08	0.00	0.00(M)	286.62	8.46	0.09
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	375	6.06	0.01	0.00	0.00	94.75	1.64	0.21

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2024 Breakfast for lunch HS - ServingDate: 04/16/2024								
2019 Hot Alternate High School - LR100214 (1 ea.)	50	176.98	7.79	2.85	0.00	274.08	13.31	10.61
Cycle menu cold alternate - LR100183 (1 serv.)	70	464.94	19.76	6.13	0.00(M)	1012.66	46.38	23.30
Jones Dairy Sausage links - LR100178 (3 link)	250	150.00	10.50	4.50	0.00	255.00	1.50	10.50
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	10.04 (M)	0.00(M)	1132.50 (M)	126.00 (M)	22.09 (M)
Bake crafters French toast sticks - LR100271 (3 oz.)	250	217.24	9.31	2.07	0.00	300.00	26.90	8.28
Carrots, cooked, boiled, drained, without salt - SR106357 (1 c.)	250	54.60	0.28	0.05	0.00	90.48	12.82	1.19
Hash Brown Patty - SR101441 (4 5/8 ounces)	375	270.60	15.03	1.00	0.00	501.11	31.07	2.00
Applesauce - LR100181 (4 1/2 oz.)	375	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Juice, 100% Apple, 4oz, Suncup, 090301, F - SR100917 (1 ea.)	375	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	375	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	375	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024 Rotini w/meat sauce - ServingDate: 04/17/2024								
2019 Hot Alternate High School - LR100214 (1 ea.)	55	176.98	7.79	2.85	0.00	274.08	13.31	10.61
Cycle menu cold alternate - LR100183 (1 serv.)	35	464.94	19.76	6.13	0.00(M)	1012.66	46.38	23.30
Protein pack meal - LR100252 (1 ea.)	10	881.00 (M)	32.58 (M)	10.04 (M)	0.00(M)	1132.50 (M)	126.00 (M)	22.09 (M)
WG Pasta w/ Meat Sauce, MMA, WG, VRO - LR100007 (1 serv.)	275	355.06	8.95	2.40	0.00(M)	939.80	50.84	19.27

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2024 Rotini w/meat sauce - ServingDate: 04/17/2024								
Garlic toast - LR100270 (1 piece)	350	90.00	3.00	0.00	0.00	100.00	14.00	3.00
Green Beans, VO - LR100018 (1 c.)	250	65.45	1.31	0.71	0.00(M)	69.47	12.93	3.01
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	375	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Pears, Bartlett, canned, diced, packed in extra light syrup [100225, A434] - SR105229 (1/2 c.)	350	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	370	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	90	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024 Pizza - ServingDate: 04/18/2024								
2019 Hot Alternate High School - LR100214 (1 ea.)	10	176.98	7.79	2.85	0.00	274.08	13.31	10.61
Cycle menu cold alternate - LR100183 (1 serv.)	15	464.94	19.76	6.13	0.00(M)	1012.66	46.38	23.30
Pizza, Big Daddys16" original - LR100244 (5 1/2 oz.)	405	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	10.04 (M)	0.00(M)	1132.50 (M)	126.00 (M)	22.09 (M)
Bread, Whole Wheat Cluster Dinner Roll, Morabito, 60 / 116, WGR - SR100358 (1 ea.)	430	70.00	1.00	0.00	0.00	160.00	14.00	3.00
Cooked Broccoli - SR105146 (1 c.)	430	51.52	0.22	0.03	0.00	20.24	9.84	5.70
Applesauce - LR100181 (4 1/2 oz.)	430	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	430	60.00	0.00	0.00	0.00	5.00	14.00	0.00

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2024 Pizza - ServingDate: 04/18/2024								
Swiss Dairy Milk - LR100273 (8 oz.)	430	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	330	6.06	0.01	0.00	0.00	94.75	1.64	0.21
Copy of 2024 Mozzarella Cheese Sticks HS - ServingDate: 04/22/2024								
2019 Hot Alternate High School - LR100214 (1 ea.)	20	176.98	7.79	2.85	0.00	274.08	13.31	10.61
Cycle menu cold alternate - LR100183 (1 serv.)	75	464.94	19.76	6.13	0.00(M)	1012.66	46.38	23.30
Mozzarella cheese sticks - LR100145 (2 pc)	350	307.22	11.25	5.00	0.00	653.31	30.95	18.49
Protein pack /hummus - LR100253 (1 ea.)	5	478.39	19.94	7.99	0.00	677.53	62.75	15.97
Bread, Whole Wheat Cluster Dinner Roll, Morabito, 60 / 116, WGR - SR100358 (1 ea.)	450	70.00	1.00	0.00	0.00	160.00	14.00	3.00
Green Beans, VO - LR100018 (1 c.)	300	65.45	1.31	0.71	0.00(M)	69.47	12.93	3.01
Sauce, Fully Prepared Pizza Sauce, 106 oz., Red Gold, IL99 - SR108025 (1/4 c.)	375	35.00	0.50	0.00	0.00	210.00	6.00	1.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	450	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Peaches, clingstone, canned, diced, packed in extra light syrup [100220, A409] - SR105220 (1/2 c.)	450	53.00	0.13	0.00	0.00	6.00	13.39	0.50
Swiss Dairy Milk - LR100273 (8 oz.)	450	130.00	2.50	1.50	0.00	175.00	18.50	7.50

Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Copy of 2024 Mozzarella Cheese Sticks HS - ServingDate: 04/22/2024								
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	75	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024 Cheeseburger HS week 2 - ServingDate: 04/23/2024								
2019 Hot Alternate High School - LR100214 (1 ea.)	25	176.98	7.79	2.85	0.00	274.08	13.31	10.61
Cheese Burger beef MMA 2 , WG 2 WYASD - LR100046 (1 burger)	355	392.92	16.15	6.39	0.00	526.31	27.24	30.44
Cycle menu cold alternate - LR100183 (1 serv.)	15	464.94	19.76	6.13	0.00(M)	1012.66	46.38	23.30
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	10.04 (M)	0.00(M)	1132.50 (M)	126.00 (M)	22.09 (M)
Carrots, frozen, cooked, boiled, drained, without salt - SR106422 (1 cup, slice)	375	54.02	0.99	0.17	0.00	86.14	11.29	0.85
Potatoes, Ovations Reduced Sodium Crinkle Cut French Fries, 2.06 oz., McCain, MCF03761,Veg-S - SR104149 (2 1/8 oz.)	400	90.00	3.50	0.50	0.00	25.00	13.00	0.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	400	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Pears, Bartlett, canned, diced, packed in extra light syrup [100225, A434] - SR105229 (1/2 c.)	400	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	400	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	350	6.06	0.01	0.00	0.00	94.75	1.64	0.21

Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL
 Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024 Pizza - ServingDate: 04/24/2024								
2019 Hot Alternate High School - LR100214 (1 ea.)	10	176.98	7.79	2.85	0.00	274.08	13.31	10.61
Cycle menu cold alternate - LR100183 (1 serv.)	15	464.94	19.76	6.13	0.00(M)	1012.66	46.38	23.30
Pizza, Big Daddys16" original - LR100244 (5 1/2 oz.)	405	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	10.04 (M)	0.00(M)	1132.50 (M)	126.00 (M)	22.09 (M)
Bread, Whole Wheat Cluster Dinner Roll, Morabito, 60 / 116, WGR - SR100358 (1 ea.)	430	70.00	1.00	0.00	0.00	160.00	14.00	3.00
Cooked Broccoli - SR105146 (1 c.)	430	51.52	0.22	0.03	0.00	20.24	9.84	5.70
Applesauce - LR100181 (4 1/2 oz.)	430	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	430	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	430	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	330	6.06	0.01	0.00	0.00	94.75	1.64	0.21
Copy of 2024 Hot Dog - ServingDate: 04/25/2024								
2019 Hot Alternate High School - LR100214 (1 ea.)	20	176.98	7.79	2.85	0.00	274.08	13.31	10.61
Cycle menu cold alternate - LR100183 (1 serv.)	25	464.94	19.76	6.13	0.00(M)	1012.66	46.38	23.30
low Sodium Hot dog - LR100154 (1 ea.)	400	315.00	15.00	5.00	0.00	570.00	26.00	12.00
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	10.04 (M)	0.00(M)	1132.50 (M)	126.00 (M)	22.09 (M)

Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Copy of 2024 Hot Dog - ServingDate: 04/25/2024								
Potatoes, Reduced Sodium Tater Tots, 2.52 oz., McCain, Ore-Ida, 1000002789, Veg-S - SR107909 (8 pcs.)	450	90.00	3.50	0.00	0.00	160.00	14.00	1.00
Steamed Mixed Vegetables, VO - LR100001 (1 c.)	250	138.62	0.77	0.49	0.00(M)	104.33	27.24	6.81
Applesauce - LR100181 (4 1/2 oz.)	450	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	450	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	450	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	450	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024 April Chicken Breast - ServingDate: 04/26/2024								
2019 Hot Alternate High School - LR100214 (1 ea.)	75	176.98	7.79	2.85	0.00	274.08	13.31	10.61
chicken patty sandwich - LR100028 (1 ea.)	350	330.00	11.00	2.00	0.00	600.00	39.00	20.00
Cycle menu cold alternate - LR100183 (1 serv.)	20	464.94	19.76	6.13	0.00(M)	1012.66	46.38	23.30
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	10.04 (M)	0.00(M)	1132.50 (M)	126.00 (M)	22.09 (M)
Baked Beans WYASD - LR100107 (1 c.)	450	332.31	0.96	0.17	0.00(M)	710.27	75.89	10.72
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	450	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Pears, Bartlett, canned, diced, packed in extra light syrup [100225, A434] - SR105229 (1/2 c.)	450	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	450	130.00	2.50	1.50	0.00	175.00	18.50	7.50

Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL
 Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024 April Chicken Breast - ServingDate: 04/26/2024								
BBQ sauce, Condiment - SR105407 (2 Tbsp.)	350	32.95	0.08	0.00	0.00(M)	286.62	8.46	0.09
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	375	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024 Mashed Potato Bowl - ServingDate: 04/29/2024								
2019 Hot Alternate High School - LR100214 (1 ea.)	100	176.98	7.79	2.85	0.00	274.08	13.31	10.61
Chicken Popcorn with Dinner roll - LR100067 (1 item)	275	300.00	14.00	2.50	0.00	500.00	28.00	17.00
Cycle menu cold alternate - LR100183 (1 serv.)	20	464.94	19.76	6.13	0.00(M)	1012.66	46.38	23.30
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	10.04 (M)	0.00(M)	1132.50 (M)	126.00 (M)	22.09 (M)
Corn, golden or yellow, whole kernel, cooked from frozen, drained, without salt [100348, A130] - SR105269 (1 c.)	400	132.00	1.10	0.16	0.00	2.00	31.65	4.18
Vegetables, Mashed Potatoes, Veg-S - SR101979 (1/2 Cup (8 oz)	400	69.42	0.08	0.02	0.00	165.12	15.48	2.09
Juice, 100% Apple, 4oz, Suncup, 090301, F - SR100917 (1 ea.)	400	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Peaches, clingstone, canned, diced, packed in extra light syrup [100220, A409] - SR105220 (1/2 c.)	400	53.00	0.13	0.00	0.00	6.00	13.39	0.50
Swiss Dairy Milk - LR100273 (8 oz.)	400	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	300	6.06	0.01	0.00	0.00	94.75	1.64	0.21
Gravy, Chicken Mix - Trio, Nestle, Prepared - SR100422 (1/4 c.)	275	35.09	0.50	0.00	0.00	242.77	7.02	0.00

Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL
 Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024 Walking taco - ServingDate: 04/30/2024								
2019 Hot Alternate High School - LR100214 (1 ea.)	85	176.98	7.79	2.85	0.00	274.08	13.31	10.61
Beef Soft Taco WYASD - LR100077 (1 piece)	350	387.44	18.82	9.33	0.00	855.31	33.51	21.19
Cycle menu cold alternate - LR100183 (1 serv.)	35	464.94	19.76	6.13	0.00(M)	1012.66	46.38	23.30
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	10.04 (M)	0.00(M)	1132.50 (M)	126.00 (M)	22.09 (M)
Corn Muffin Bake Crafters 2.2 oz ready to serve - LR100059 (1 muffin)	375	180.00	4.50	0.50	0.00	310.00	31.00	4.00
Black Beans and Corn Mix - LR100038 (1 c.)	300	192.85	4.33	1.75	0.00(M)	278.19	33.22	8.04
Salsa, 103 oz., Red Gold, REDSC99, Veg-RO - SR100611 (1/8 c.)	300	10.00	0.00	0.00	0.00	70.00	2.00	0.00
Shredded Lettuce and Tomato, Veg-O - SR105405 (1 c.)	375	26.08	0.28	0.04	0.00	9.19	5.62	1.34
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	375	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Peaches, clingstone, canned, diced, packed in extra light syrup [100220, A409] - SR105220 (1/2 c.)	375	53.00	0.13	0.00	0.00	6.00	13.39	0.50
Swiss Dairy Milk - LR100273 (8 oz.)	375	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	100	6.06	0.01	0.00	0.00	94.75	1.64	0.21
Condiment, Sour Cream, Glennview Farms - SR100954 (2 Tbsp.)	265	60.00	5.00	3.50	(M)	20.00	2.00	1.00

Legend
 (M) - Missing Nutrient Values

Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL
Date: 04/01/2024 - 04/30/2024

Report Selections

Meal Type: Lunch
Site Group: High School
Menu Line: regular
Serving Group: 9-12
Nutrients Option: Expanded